

Your

JAMP Care™ guide to ^{Pr} JAMP Pirfenidone



Your JAMP Care guidebook

When you're prescribed JAMP Pirfenidone, you get complimentary JAMP Care support. This patient guidebook has been designed by JAMP Care to help you learn about your new treatment. We encourage you to take the time to read through and get acquainted with JAMP Pirfenidone.



If you are new to taking Pirfenidone

Please read through your guidebook and take note of any questions you may have for your doctor, or your JAMP Care *Single Point of Contact* in the notes section on page 18. Please take note of the robust package of benefits that you are entitled to (see the back cover). Get in touch with your *Single Point of Contact* or call JAMP Care to learn more about any of these services.



If you are switching to JAMP Pirfenidone from a different Pirfenidone product (including Esbriet®)

We understand that you and your doctor recently made the decision to switch your treatment to JAMP Pirfenidone. Thank you for putting your trust in us. With JAMP Care you will continue to receive the support you need, plus any additional services that we can offer. Please take note of the package of benefits that you are entitled to (see the back cover). Get in touch with your *Single Point of Contact* or call JAMP Care to learn more about any of these services.

Let's get started

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Your Single Point of Contact

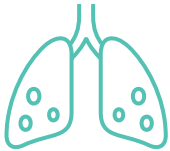
(Nurse)

Name: _____

Email: _____

Phone number: _____

What is JAMP Pirfenidone used for?



JAMP Pirfenidone is used in adults to treat **idiopathic pulmonary fibrosis (IPF)**

For more information about idiopathic pulmonary fibrosis, take a look at the Canadian Pulmonary Fibrosis Foundation website:



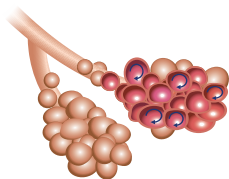
<https://cpff.ca>

What is idiopathic pulmonary fibrosis?

Idiopathic pulmonary fibrosis (IPF) is a disease that causes inflammation and scarring (fibrosis) of the lungs. This makes it harder to move oxygen from the air sacs of the lungs into the bloodstream. It also makes breathing more difficult. The word “idiopathic” means that it has no known cause.



IPF causes inflammation and scarring (fibrosis) of the lungs



Scarred (fibrotic) lung tissue is not as efficient at moving oxygen into the body



Inflammation and scarring make it more difficult to breathe

How does JAMP Pirfenidone work?

JAMP Pirfenidone is not a cure for IPF; however, it may help to reduce inflammation and fibrosis in the lungs and slow down worsening of your IPF. The exact way that JAMP Pirfenidone works is not yet fully understood.

Take an active role in your healthcare.

Speak with your healthcare professional about what you expect from your treatment so that they can help you meet – or re-evaluate – your expectations, as needed.



How to take JAMP Pirfenidone

JAMP Pirfenidone should only be prescribed and monitored by physicians with the appropriate training and experience in the diagnosis and treatment of IPF.

Always take JAMP Pirfenidone exactly as your doctor has told you. You should check with your doctor or pharmacist if you are not sure.



Swallow the tablets or capsules:

- whole
- with a drink of water

With food or during or after a meal to reduce the risk of side effects such as persistent stomach problems, dizziness and tiredness.



- Do not drink grapefruit juice while taking JAMP Pirfenidone – this may prevent JAMP Pirfenidone from working properly
- Do not smoke before or during treatment with JAMP Pirfenidone – cigarette smoking may reduce the effect of JAMP Pirfenidone
- See Important Safety Information on page 14

Overdose

If you think you, or a person you are caring for, have taken too much JAMP Pirfenidone, contact a healthcare professional, hospital emergency department, or regional poison control centre immediately, even if there are no symptoms.

Dosing



267 mg tablets are yellow in colour



801 mg tablets are brown in colour









267 mg capsules are white or beige in colour



Starting dose schedule

For patients new to taking JAMP Pirfenidone (or Esbriet®)







JAMP Pirfenidone is usually prescribed in increasing doses as follows:

Day	Breakfast	Lunch	Dinner	Total daily dose
1-7	 1 x 267 mg	 1 x 267 mg	 1 x 267 mg	801 mg
8-14	 2 x 267 mg	 2 x 267 mg	 2 x 267 mg	1602 mg



Regular dose schedule

For patients already taking JAMP Pirfenidone (or Esbriet®) for the past 14+ days in a row

Day	Breakfast	Lunch	Dinner	Total daily dose
15 onward	 3 x 267 mg or 1 x 801 mg 	 3 x 267 mg or 1 x 801 mg 	 3 x 267 mg or 1 x 801 mg 	2403 mg

Your doctor may reduce, or temporarily hold, your dose if you have:

- Skin reactions to sunlight or sun lamps
- Significant changes to your liver enzymes
- Stomach problems

If you have not taken JAMP Pirfenidone for 14 days or more in a row:

- Your doctor or pharmacist will restart your treatment with the lowest dose
- The dose will be gradually increased over 2 weeks to the usual dose

Tips for remembering to take your medication

Always take JAMP Pirfenidone exactly as your healthcare provider tells you to take it.

To manage your risk of side effects, it is critical to take your medication exactly as instructed by your healthcare provider. Here are a few tips that may help:

- **Take your medication at the same time every day.** Choose a time that is convenient to remember such as when you wake up, eat breakfast, or brush your teeth.
- **Use a pill organizer.** A pill organizer can store your doses separately for each day, even for AM and PM. A quick look will show you whether you took your dose or not.
- **Keep your pills in a convenient location that you will see every day** such as the bedside table or coffee maker. However, be sure to keep them out of the reach and sight of children.
- **Leave yourself a reminder note.** Try placing a sticky note in the same type of location as above – somewhere you are bound to see it every day.
- **Set an alarm.** On your smartphone, watch, or in your day-planner.
- **Ask for help.** Find a reliable family member or friend who can call or check on you daily to remind you.

What to do if you forget to take your medication



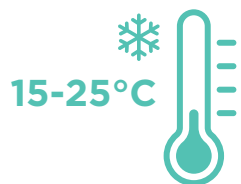
If you miss a dose of JAMP Pirfenidone, the next dose should be taken as originally planned.



Double doses should not be taken to make up for a forgotten dose.



Storing JAMP Pirfenidone



Store JAMP Pirfenidone tablets and capsules between 15-25°C (room temperature)



Keep JAMP Pirfenidone tablets and capsules and all medicines out of reach and sight of children



Ask your Single Point of Contact for a JAMP Pirfenidone travel letter that includes important information for the airline regarding JAMP Pirfenidone's format, storage and transport.

Travelling with JAMP Pirfenidone

It is very important to keep your condition and its treatment in mind when you travel so you can continue to benefit from JAMP Pirfenidone treatment. Next time you are planning a trip, remember to review these handy tips on how to travel with JAMP Pirfenidone.

- ☐ Follow the storage tips outlined on the previous page.
- ☐ When packing, bring enough JAMP Pirfenidone to last the entire trip. Consider possible travel delays.
- ☐ As you adjust to your new travel routines, remember to follow your dosing schedule, and administer JAMP Pirfenidone on time.
- ☐ If you or the patient have any special needs or mobility issues, speak with your travel agent before booking. Consider requesting seats with ample leg room or closer to the washroom, accommodations with elevators or a room on the ground floor.
- ☐ Be mindful of your increased sensitivity to sunlight while taking JAMP Pirfenidone and take extra measures to protect your skin (see page 15 for more information).

When travelling by plane

- ☐ Review foreign policies when travelling with medications with your airline or travel agent. Some countries require passengers to declare medications in their possession upon arrival.
- ☐ It is important to keep JAMP Pirfenidone in its original packaging with the pharmacy label and your name. This can help at airport security to identify the product as your prescription.
- ☐ At airports, everyone is entitled to private security screening. This can help you if you want to maintain confidentiality about your condition and treatment.
- ☐ If you have any problems, ask to speak to a supervisor, showing them your pharmacy prescription and your doctor's note. You can find a downloadable letter on the JAMP Care website.
- ☐ Store medications in carry-on baggage and declare them during security screening.
- ☐ Some security procedures might allow "visual inspection" of medication upon request if you prefer to avoid X-ray screening of your luggage.
- ☐ It's best to plan extra time for security procedures as staff may have additional questions regarding your medication.

Nutrition Counselling

Personalized counselling with a nutritionist

Optimizing your nutrition is important to support your overall health. JAMP Care is proud to offer personalized one-on-one nutrition counselling (on demand) to patients taking JAMP Pirfenidone. To get started, contact your Single Point of Contact.



Step 1. Personalized consultation

First, you will receive a personalized consultation, where one of our bilingual nutritionists will meet you virtually to provide a plan and make recommendations tailored to meet your unique needs.



Step 2. Follow-up session

Then you'll book a follow-up session to see how you're doing and make adjustments to the plan to make sure it works for you.

Watch the JAMP Care Nutrition Support Videos

Looking for more that you can do **right now**? Scan the QR code with the camera of your mobile device to access our two-video series.



<https://jampcare-support.ca/en/pirfenidone-patient.html>





Important information about JAMP Pirfenidone

When it should not be used

Do not use JAMP Pirfenidone if you:

- Are allergic to Pirfenidone or to any non-medicinal ingredient in the formulation
- Have previously experienced angioedema with pirfenidone, including symptoms such as swelling of the face, lips and/or tongue which may be associated with difficulty breathing or wheezing
- Have severe or end-stage liver disease
- Have severe or end-stage kidney disease or you require dialysis

What are the ingredients in JAMP Pirfenidone?

Medicinal ingredients: pirfenidone

Non-medicinal ingredients:

- **267 mg tablets:** colloidal silica dioxide, croscarmellose sodium, iron oxide yellow, macrogol, mannitol, microcrystalline cellulose, povidone, sodium stearyl fumarate, talc and titanium dioxide.
- **801 mg tablets:** colloidal silicon dioxide, croscarmellose sodium, iron oxide black, iron oxide red, macrogol, mannitol, microcrystalline cellulose, povidone, sodium stearyl fumarate, talc and titanium dioxide.
- **267 mg capsules:** croscarmellose sodium, isomalt and magnesium stearate. In addition, the capsule shell contains gelatin and titanium dioxide. The capsule brown printing ink includes ammonium hydroxide, iron oxide black, iron oxide brown, potassium hydroxide, propylene glycol and shellac

Warnings and precautions

To help avoid side effects and ensure proper use, talk to your healthcare professional before you take JAMP Pirfenidone.

Talk about any health conditions or problems you may have, including if you:

- Have liver or kidney problems or disease
- Are pregnant or planning to become pregnant. It is not known whether taking JAMP Pirfenidone may be harmful to an unborn baby
- Are breastfeeding or planning to do so. It is not known if JAMP Pirfenidone passes into breast milk

Driving and using machines: Before you perform tasks which may require you to be alert and coordinated, wait until you know how you will respond to JAMP Pirfenidone. Dizziness and tiredness can occur when you take JAMP Pirfenidone. Taking JAMP Pirfenidone with food may decrease dizziness. Be careful when driving or using machines.

Increased sensitivity to sunlight: You may become more sensitive to sunlight when taking JAMP Pirfenidone. You should:

- Avoid (not take) other medicines which may make you more sensitive to sunlight. Ask your pharmacist if you are not sure
- Avoid or minimize exposure to direct or indirect sunlight, including through windows and from sunlamps
- Wear an effective sunblock daily (at least SPF 50, against UVA and UVB)
- Wear clothing that protects against sun exposure such as a wide-brimmed hat and long sleeves
- Seek shade

JAMP Pirfenidone can cause weight loss. Your doctor will monitor your weight while you are taking this medicine.

Do not drink grapefruit juice during the time that you are taking JAMP Pirfenidone. Grapefruit juice may prevent JAMP Pirfenidone from working properly.

Do not smoke before and during treatment with JAMP Pirfenidone. Cigarette smoking may reduce the effect of JAMP Pirfenidone.



Important information about JAMP Pirfenidone

Interactions with JAMP Pirfenidone

Tell your healthcare professional about all the medicines you take, including any drugs, vitamins, minerals, natural supplements or alternative medicines.

The following may interact with JAMP Pirfenidone:

- Serious drug interactions:
 - **Severe Drug Interactions** can occur if JAMP Pirfenidone is taken in combination with some other medications. In particular, do not take JAMP Pirfenidone with fluvoxamine.
 - Talk to your doctor if you are currently taking **ciprofloxacin** (antibiotic). A dose adjustment may be required.
 - If you currently take fluvoxamine, a different medication should be prescribed for you before you begin taking JAMP Pirfenidone.
- Amiodarone, mexiletine or quinidine to treat abnormal heart rhythm
- Bupropion, duloxetine, fluoxetine, moclobemide, or paroxetine to treat depression and/or anxiety
- Carbamazepine or phenytoin to treat seizure
- Cinacalcet to treat parathyroid condition
- Ciprofloxacin to treat bacterial infection
- Esomeprazole or omeprazole to treat heartburn
- Fluconazole, miconazole, terbinafine, or voriconazole to treat fungal infections
- Methoxsalen to treat skin conditions such as psoriasis
- Oral contraceptives (the Pill for birth control)
- Rifampin, a type of antibiotic, to treat bacterial infection

Side effects

Like all medicines, JAMP Pirfenidone can have side effects.

Side effects may include:

- Skin problems such as rash, itchy skin, skin redness, dry skin
- Tiredness, feeling weak or feeling low in energy
- Indigestion, heartburn, acid reflux, decreased appetite, changes in taste, bloating, abdominal pain and discomfort
- Infections of the throat or the airways going into the lungs and/or sinusitis, influenza and/or common cold
- Difficulty sleeping, feeling sleepy
- Headache
- Muscle pain, aching joints/joint pains
- Weight loss

Serious side effects and what to do about them

ALWAYS talk to your healthcare professional if you experience a case of:

- Dizziness

Talk to your healthcare professional if you experience a SEVERE case of:

- Increased sensitivity to sunlight
- Diarrhea
- Fatigue
- Persistent stomach problems

Stop taking drug and get IMMEDIATE medical help if you experience:

- Liver problems
- Angioedema
- Allergic reactions
- Chest pain

This is not a complete list of side effects. For any unexpected effects while taking JAMP Pirfenidone, contact your doctor or pharmacist.

Notes

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Notes

[illegible]

Support. Confidence. Community. Simplicity.



As you start your treatment with JAMP Pirfenidone, you can rely on our support – every step of the way. JAMP Care is an established Patient Support Program designed to be easy to use with unsurpassed responsiveness. Our comprehensive package of services includes:



A single point of contact



Blood/laboratory work and coordination



Reimbursement navigation



Nutrition counselling



Bridging (as per provincial regulations)



Financial assistance (as per provincial regulations)



**Coverage renewal
3 months in advance**



**For help accessing any of these services, speak with your
Single Point of Contact or contact JAMP Care at**



1-888-202-8809



1-888-558-5518



help@jampcare-support.ca

The information contained herein is for informational purposes only and is not a substitute for professional medical advice.



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